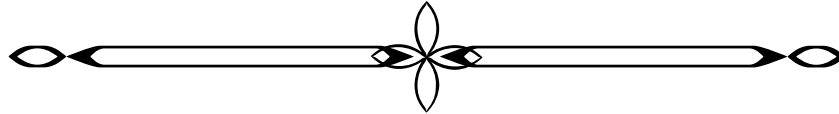


Dr. Lucy



Pure Organic Skin Care

www.siegfriedchiropractic.com

Welcome To Dr. Lucy's Pure Organic Skincare!

I have been investigating skincare/skin nutrition since 1982 because of my own sensitive and reactive skin. I have tried almost everything out on the market. Each one has all the promises of making me look younger with tighter skin, less wrinkles, calmer skin, etc. But always the little voice inside me would say, "Who are you kidding, you can't even pronounce half the ingredients. And where did they come from!" I was always disappointed. I became concerned about the chemical effects on my soft tissues, bones, hormones, etc. All those, "bottom of the jar" guarantees had really nothing to do with the product as much as with the marketing.

So my quest for really honest, pure, non GMO'd, organic healing products constantly took me back to organic carrier oils and essential oils. I experimented on myself for a long time. When I finally felt I "had something," I then tested it on my family. Fortunately they jumped at the chance! With all my research I felt I finally had an incredibly consistent and balancing organic face oil!

Fortunately my family is of all ages and skin types. They all said it was like "liquid gold in a bottle." Now you're probably wondering what this "liquid gold in a bottle," has done for me. Well, let me tell you it has changed my skin texture, color and

balance. My skin is tighter, more luminescent and calm. It makes me feel good about my skin appearance and knowing I am truly putting organic ingredients that really heal on my skin.

Remember, this is a balancing skin oil, I know, I did say oil. There are different kinds of oils out there, some for skin, some not. All the oils in my skincare are for your face and body. The oils and essential oils in my products feed all types of skin and bring it into balance to make it stress free and truly come alive. And just think it only took me 26 years to figure it out!

Just remember, I'm not talking only about the outside of your skin, I'm talking about how the organic essential oils and carrier oils penetrate and heal you inside also. This product is the real deal. Mind, Body, Spirit healing. Now that's not just me saying that, these products are made to heal naturally just by their natural makeup.

Now is the time to jump off of the toxic merry-go-round.

Sincerely,
Rebecca Siegfried
Owner & Proprietor of
Dr. Lucy Pure Organic Skincare

Feed your skin, feed your body, feed your mind and spirit . . .

Our day by day activities make us unaware of the passing of time. We enjoy our daily routines and the habitual part of our routines, applying makeup and getting dressed is most automatic. Then one morning we look in our mirror and see a face we wish we weren't really seeing. That face is no longer youthful!

This shock of aging happens to all of us. We begin our search for a magical fountain of youth. There is nothing wrong with our genuine attempts to put our best foot forward and improve our aging process. The sad part comes when fortune hunters present false or misleading claims and we are too gullible.

Expense in the skin preparation world doesn't guarantee the success of the product for us. We know that the most exclusive products contain essential oils along with other natural ingredients. One of the difficulties that arises for the marketers of such products is that dreaded term – "a long shelf life." Many different chemicals are used in commercial cosmetics. Some of them, such as retinols and steroids can cause serious problems. When they also include water – from unknown sources that may be highly polluted, animal products that come from things we don't want to think about, and minerals from the earth where they may include some nasty pollution – we don't really know what effect these products will have on our already aging skin.

Essential Oils

In spite of all this, nature's essential oils have been working just as we hoped they would. People looking for a positive result from these oils even fly to far-off destinations in their search. They're hoping to find a secret that no one else is aware of so they can look ten years younger than the rest of us!

We have found that skin – like ours – that has been treated with essential oils becomes stronger and more dynamic. The texture of our faces goes through fundamental changes that are sometimes so dramatic that it appears as if the person has had a facelift. This phenomenon never ceases to amaze me and I am, again and again, reminded of how comprehensive are the benefits of the essential oils. When positive treatment of pure natural oils are designed and applied to the face, results can be nothing short of miraculous.

Improved Cellular Regeneration

Cellular regeneration is the key to a youthful skin, and essential oils provide a way of doing this. The nutrients and proteins in essential oils help to maintain the mattress-like bounciness of collagen, upon which the outer layers of skin rest, and encourage the regeneration of new cells. The circulation-stimulating properties of the oils oxygenate the blood which in turn energizes the cells, allowing regeneration to take place. Certain oils do this particularly well. Other oils contain hormonal-like properties, and these encourage the firming of the skin, giving it a more youthful appearance.

Essential oils work cosmetically and as anti-aging agents in several ways. They stimulate skin cells into reproducing at a quicker rate, thus reducing the time lag between new skin growth and the elimination of old cells. This helps reverse the aging process that normally extends this time lag.

Essential oils are one of nature's most potent remedies that work in harmony with the body. The body takes from each remedy what it needs. This helps explain the surprising fact that one essential oil can act as either a relaxant or a stimulant.

Help Balance Entire Body

When essential oils are applied, they are absorbed through the skin into the blood stream and carried through the whole body, helping to balance its natural functions. When chemically analyzed, each essential oil contains many, often hundreds of compounds and each compound has a different therapeutic effect.

Remember - we need to be careful with what we put into our bodies to keep our digestive system working well and our skin cells young and renewed. If we can cut ten years from our appearance we'll feel ten years younger, have more energy, and even our outlook on life will change.

Because everyone's skin regenerates at a different rate, allow at least thirty days before expecting to see outward signs of improvement. It took me only one week before I saw some amazing signs of change.

Importance of Organic Essential Oils

We use one of the very few companies in the world that exclusively sells certified organic products with 100% certified organic ingredients and Nothing Else. Many claim this. Hardly anyone delivers.

This source for our essential oils does not use any preservatives in their products. 99% of other organic and natural manufacturers use preservatives which allow a longer shelf life – a more convenient factor when bulk bottling – but at what cost to your body? Our carrier oils and essential oils are bottled by hand in small batches to keep everything fresh.

Over 95% of essential oils on the market are of low quality and many are mixed with synthetic chemicals which can be harmful.

Dr. Lucy's Quality

I use the highest quality of organic carrier oils and organic essential oils with natural medicinal qualities on the market for my Dr. Lucy Pure Organic Skincare line. My reputation allows me to do nothing else. Offering the best natural essential oils for improving your skin is my goal – and I believe with these products I have achieved this!

Enjoy a better quality of life and improved skincare with my Dr. Lucy Pure Organic Skincare Products!

Children and babies: Keep essential oils out of the reach of children.

Dr. Lucy – Pure Organic Skin Care Exclusive Proprietary Blend

Step 1: Face Moisturizing Oil-

Organic Essential Oils: Blue Chamomile, Lavender (High Altitude), Lemon, Geranium, Rose Hip Seed, Carrot Seed

Organic Carrier Oils: Sunflower Oil, Jojoba oil, Evening Primrose Oil, Apricot Kernel Oil, Rose Hip Seed Oil, Wheat Germ Oil

Organic Essential Oils

Oil/Description	Tradional Uses	Mind & Spirit	Country of Origin	Uses
Blue Chamomile (German) Strong, warm herbaceous aroma. Extracted by steam distillation from the flower heads.	Calms, soothes and cools the skin	Encourages communication, understanding and empathy.	Nepal/ England	For Dry, Normal, Oily Skin. For disturbed skin, sensitive skin, Dermatitis, Eczema (Wet or dry,) sunburn, Psoriasis, broken capillaries, inflammation, acne, headaches, nervous conditions, calming and rejuvenation.
Lavender (High Altitude) A well-balanced, beautiful, floral aroma. Extracted by steam distillation from the flowering tops.	The most relaxing of all the Lavenders due to its high ester content. A classic and invaluable essential oil.	Uplifts the mind whilst relaxing the body.	France	For Dry, Normal, Oily Skin. For disturbed skin, sensitive skin, wrinkles, dehydrated skin, hydrates, Dermatitis, Acne, Psoriasis, headaches, nervous tension, calming. Antibiotic, antiseptic, antiviral, antifungal
Lemon Sharp and fruity aroma. Extracted by cold expression from the peel.	Oily skin. Softens wrinkles. Also used to condition nails and cuticles.	Uplifting and refreshing.	Italy	For Dry, Normal, Oily Skin For disturbed skin, hydrates, energizing, acne, wrinkles, revitalizing, anxiety, cellulite, nervous conditions tension headaches. Antibiotic, Antiseptic, Antifungal
Geranium Rose-like, sweet floral aroma.	Excellent in skin care. Balancing and harmonizing.	Relaxes and balances the emotions.	Egypt/South Africa	For Dry, Normal, Oily Skin. For disturbed skin, sensitive skin, dehydrated skin, hydrates, eczema, wrinkles, evens skin tone, broken capillaries, nervous tension, depression. Antiseptic
Carrot Seed Deep sweet, earthy, aroma. Extracted by steam distillation from the dried seeds.	An invaluable beauty oil. Optimizes healthy elimination of toxins.	Helps the flow of energy between solar plexus and heart chakra.	Canada/ France	For Dry, Normal, Oily Skin. For dehydrated skin, hydrates, sensitive, disturbed, energizing, revitalizing, dermatitis, eczema (dry or wet), wrinkles, broken capillaries, reduces scarring, psoriasis.
Frankincense Woody, spicy, haunting smell.	Popular since ancient times, Frankincense is excellent for the skin, especially for wrinkles, scars, acne.	Feelings of calm, and serenity which helps a person to feel centered, introspective and meditative.	Native to parts of Northern Africa from a plant known as Olibanum. Originates as sap.	For Dry, Normal, Oily Skin. Has anti-aging properties. Acts as a balancer of the skin to reduce dry or oily skin – returning it to normal. It is a powerful ally in the fight to keep wrinkles at bay, while at the same time improving the tone and quality of the complexion, even in more mature skins. Has the ability to prevent and even fade scars. Anti-inflammatory, antiseptic, astringent.

Carrier Oils

Oil/Description	Benefits
<p>Sunflower Oil Sunflower oil is extracted from the seed. This oil contains a nutritious blend of essential fatty acids and Vitamin E, A, C and D. Sunflower oil is particularly beneficial in skin care and can be blended with a variety of other base oils. It is an excellent moisturizer and relieves many skin irritations. It forms a protective barrier against bacteria.</p>	<p>Protective barrier Easily absorbed by all skin types Excellent moisturizer Great choice for anyone suffering from acne problems Beneficial for mature, sensitive, dry or damaged skin</p>
<p>Jojoba Oil Jojoba oil is said to be one of nature's most perfect moisturizers and conditioners for healthy skin. Native Americans have used pure jojoba oil for centuries for its medical and cosmetic properties. This oil is virtually identical to sebum, which is secreted by the human sebaceous glands, one of our skins natural oils. This cooling and soothing oil penetrates the skin rapidly; smoothing and moisturizing dry and mature skin.</p>	<p>For aging, nourishing, regulating Assists in fighting wrinkles Promotes new cell growth Non greasy Non-irritating use for acne</p>
<p>Evening Primrose Oil Evening Primrose is a wildflower that grows throughout North America, Europe and some parts of Asia. Used for centuries for its therapeutic and nurturing properties, many natural cosmetics now include Evening Primrose oil as one of their key ingredients. A plentiful supply of Vitamin E and Omega 6 help optimize healthy skin regeneration and balance sebum production. An invaluable beauty oil.</p>	<p>Helps to prevent premature aging of the skin. Psoriasis, Eczema</p>
<p>Apricot Kernel Oil Apricot tree is the member of the rose family originating from Central and East Asia. The fruit is rich in vitamin A,C and E. Apricot Kernel Oil penetrates the skin without leaving it oily. Rich in essential fatty acids.</p>	<p>Aging skin, damaged skin, anti-inflammatory, fungicidal, healing scars, nourishing, regulating</p>
<p>Rose Hip Seed Oil Rose Hip Seed Oil is extracted from the seeds contained in the red berry-like fruits-or hips-of a wild rose-bush that grows in the cool, lush mountain rainy valley of the Southern Andes, in Chile. Reduces wrinkles and signs of premature aging. Helps to counter the drying effects of the sun which are usually first noticed in fine wrinkle lines or "crows feet" around the eyes and mouth. Evens tone and smoothes roughness. A natural moisturizer for dry, sensitive, allergic, sun damaged, problem skin conditions. Improves surgical and accidental scars, restores normal skin color (reduces redness or hyper pigmentation). Makes less apparent old scares left by acne or chickenpox. Regenerates damaged skin and has the capacity to produce new tissue. Improves the appearance of photo-aged skin and is prescribed for the treatment of acne.</p>	<p>Reduces scar tissues, attenuates wrinkles and age spots. Anti-inflammatory, improves burned skin. Aids in the treatment of dermatitis and relieves dry skin and eczema.</p>
<p>Wheat Germ Oil This fat-soluble natural oil is obtained from the germ of the wheat kernel. High in lecithin, vitamins A, D and E making this an exceptional oil for treating dry and aging skin. Wheat germ oil possesses cell regenerative properties which makes this excellent for anti-aging.</p>	<p>Aging skin, damaged skin, anti-inflammatory, healing scars, nourishing, regulating. Natural preservative</p>

Step 2: Organic Marigold Flower Moisturizing Cream

Organic Marigold Flower Moisturizing Face Cream
Certified Organic Aromatherapy Moisturizer-virtually unscented. Enriched with Organic African Shea Nut butter, Organic Apricot Kernel oil and Organic floral waters, these remarkable moisturizers optimize healthy skin regeneration, leaving the complexion beautifully soft and smooth.

Deeply nourishing and hydrating
Ingredients: Water, Organic Apricot kernel oil, Organic Vegetable glycerin, Palm oil products, Organic Shea Nut butter, Olive oil products, Organic Jojoba oil, Citrus seed extract, Organic Marigold flower extract, Citric acid

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